

# FRESCOS

CATERING & EVENTS

132 S. Kentucky Ave  
Lakeland, FL 33860

863-608-1347

## CORPORATE OPTIONS

The following menu items are suggestions.  
We specialize in Custom Menus to fit our clients' events. Please schedule a consultation to get curated menus to fit your needs.

Please remember we have 3 spaces available for your next meeting!

Board Room - up to 20  
Banquet Room - up to 48  
Speakeasy - up to 120

All pricing is per person  
\$ indicates price increase

# BREAKFAST OPTIONS

## A La Carte

### **Assorted Muffins 3**

Seasonal Assortment May Include: Banana Nut, Bran, Chocolate Chip, Blueberry, Lemon Poppy Seed, Cranberry Walnut or Apple Cinnamon

### **Scones & Danishes 3**

Seasonal Assortment May Include: Mixed Berry, Lemon, Apple, Pecan or Blueberry

### **Fruit Salad 3**

Variety Of Seasonal Fresh Cut Fruit

### **Yogurt & Granola Parfait**

Vanilla Yogurt & Fresh Berries Over Housemade Granola

### **Croissant Breakfast Sandwiches 6**

Fresh Baked Croissant Served With Egg, Cheese & Smoked Bacon  
*(Also Available Vegetarian)*

### **French Toast Casserole 5**

Pieces of baguettes cut and soaked in an Egg and Cream mixture. Made with optional flavors: Banana Fosters, Cinnamon Apple, Blueberry or Strawberry Compote.

### **Scrambler Casserole 7**

A Brunch favorite with Eggs, Bread, Potatoes, Ham, Onions, and Peppers.

### **Cheesy Hashbrown Casserole 3**

Shredded Potatoes Smothered and baked in a Creamy Cheese mixture.

## Breakfast Buffets

### **Classic Continental 8**

Fresh Baked Mini Muffins, Pastries & Breakfast Breads, Fresh Fruit Salad & Yogurt

### **Frescos Egg Bake 5**

Farm Fresh Eggs, Potatoes, Sausage & Cheddar Cheese Served Casserole Style, Accompanied By Mini Muffins & Fresh Cut Fruit

### **Full Breakfast 16**

Scrambled Eggs Topped With Cheese, Home Fries, Bacon & Sausage, Fresh Biscuits With House Sausage Gravy Or Croissants & Jam, Accompanied By Fresh Cut Fruit

### **Breakfast Burritos 9**

Zesty Breakfast Burrito Stuffed With Eggs, Cheese, Potato Hash, Bacon & Salsa  
*(Also Available Vegetarian)*

# LUNCH OPTIONS

## Cold Sandwiches

### **Sandwich Platters 8.5**

Priced per sandwich  
can do halves or whole

### **Boxed Lunches 13**

Sandwich, Side, & Cookie  
Add Extra Side 3

### **Sandwich**

Gluten Free Bread Available

Sides choices include Chips, Cole Slaw, Pasta Salad, Potato Slad, or Fruit

### **Apple & Brie Chicken Wrap**

Herb Aioli & Field Greens

### **Beef & Blue \$**

Roast Beef, Blue Cheese, Lettuce, Tomato,  
Roasted Red Pepper, Dijonnaise on  
Chiabatta

### **Buffalo Chicken Wrap**

Spring Mix, Carrots, Celery, Blue Cheese  
Crumbles, Buffalo Sauce, & Ranch Dressing

### **Cajun Turkey BLT**

With Chipotle Mayo on Ciabatta

### **Chicken BLTA Ranch Wrap**

Grilled Chicken Breast Bacon, Lettuce,  
Tomato, Greens, Avocado, Cheddar &  
Ranch

### **Cordon Blue**

Chicken, Bacon, Ham, Swiss Cheese,  
Dijonnaise on Brioche

### **Cuban**

Ham, Turkey, & Roasted Pork With American  
& Swiss Cheese, Topped With Mustard,  
Mayo & Pickles

### **Ham & Swiss**

Swiss, Garlic Aioli, Tomato & Field Greens

### **Italian Hoagie**

Ham, Salami, Pepperoni, Cheese,  
Garlic Mayo, Lettuce, Tomatoes &  
Banana Peppers On A Hoagie Roll  
Served With Italian Dressing

### **Mediterranean Veggie Wrap**

Hummus, Lettuce, Tomato, Cucumber, Red  
Onion, Feta Cheese & Sweet Peppers

### **Roast Beef & Cheddar**

Cheddar Cheese, Tomato, Horseradish Aioli  
& Field Greens

### **Roasted Turkey BLT**

Smoked Gouda, Bacon, Honey Mustard,  
Tomato & Field Greens

### **Southwest Chicken Wrap**

Blackened Chicken, Cheddar Cheese,  
Tomatoes, Onion, Corn Salsa & Chipotle  
Ranch

### **Sweet & Smokey Turkey**

Turkey, Brie, Pear, Spinach, and Chipotle  
Adobo Cherry Jam

All pricing is per person  
\$ indicates price increase

**Mediterranean Veggie Wrap**

Hummus, Lettuce, Tomato, Cucumber, Red Onion, Feta Cheese & Sweet Peppers

**Turkey Bacon Wrap**

Lettuce, Tomato, Pepper Jack Cheese, & Ranch

**Traditional Club**

Ham, Turkey, Bacon, American & Swiss Cheese, Garlic Mayo, Lettuce & Tomato on a Hoagie

**Triple Porker \$**

Pork Tenderloin, Honey Ham, Bacon, Maple Mustard, Swiss, and Cabbage Slaw

**Tropical Chicken Salad**

Chicken, Pineapple, Apricots, Walnuts, Celery With Lettuce & Tomato on a Croissant

## Fresh Salads

**Caesar 4.5**

Romaine, Kale, Croutons, Parmesan Cheese & Caesar Dressing

**Chopped 6**

Apples, Bacon, Walnuts, and Goat Cheese with Chipotle Bourbon Vinaigrette

**Cobb 8**

Fresh Greens topped with Cucumbers, Tomatoes, Eggs, Cheese, Bacon & Grilled Chicken Breast (*Avocado Upon Request*)

**Crave 6**

Mixed Greens, Goat Cheese, Candied Walnuts, Apple Slices With Balsamic Vinaigrette

**Frescos Summer 6**

Fresh Greens Topped With Cran-Raisins, Berries, Candied Pecans, Cucumbers, Tomatoes & Red Onions

**Mixed Green 4.5**

Field Greens, Romaine, Shredded Carrots & Cherry Tomatoes With Both Ranch & Balsamic Vinaigrette

**Spinach 6**

Baby Spinach topped with Mushrooms, Bacon Crumbles, Parmesan Cheese, Tomatoes, Cucumbers, and Diced Eggs. Served with Honey Mustard.

**Southwest 6**

Corn & Black Bean Salsa, Tomatoes, Tortilla Strips, Cucumbers, Colby Chese, Red Onion, and Jalapeno Ranch Dressing

# Hot Lunch

Served with Garden Salad & Bread

## **Baked Ziti 12**

Fresh Ziti Pasta Smothered in House Marinara and Topped with Mozzarella Cheese

## **Beef Stroganoff 16**

Seared Beef Tips in a Mushroom and Sour Cream Gravy. Served over Buttered Egg Noodles.

## **Beef Tips 16**

Braised Beef Tips in a Mushroom Demi, served with Mashed Potatoes and Fresh Rolls

## **Bourbon Chicken 15**

Served with Fried Rice

## **Carne Asada 15**

Slow Roasted Marinated Shredded Beef served with Yellow Rice and Black Beans

## **Chicken Pot Pie 12**

A deconstructed version of our favorite meal with Pie Crust served on the side

## **Curry Chicken 15**

Lightly Breaded Chicken, pan seared served over Coconut Rice and topped with a Creamy Curry Sauce accompanied with Grilled Vegetables.

## **Fajita Casserole 13-15**

Choice of Seasoned, Shredded Beef, Chicken, or Ground Beef, Lasagna style layered with your choice of Flour or Corn Tortillas, Peppers, Onions, and Shredded Cheese. Served with Shredded Lettuce, Diced Tomatoes, Sour Cream, Salsa, Jalapenos, (Chips instead of Rolls).

## **Frescos Bistro Chicken 14**

Roasted Chicken Breast marinated & glazed in our House Honey Mustard

## **Lasagna 16**

Layers of Fresh Pasta with Ricotta & Parmesan Blend and House Meat Sauce. Topped with Fresh Basil and Mozzarella Cheese

## **Pork Carnitas 15**

Slow Roasted Pork Shoulder cooked to a pull-apart state. Served with Yellow Rice and Black Beans

## **Shepherd Pie 13**

Savory Ground Beef, Carrots, and Peas in a Traditional Gravy. Layered with Fresh Mashed Potatoes and Topped with Cheddar Cheese

## **Smothered Chopped Sirloin 15**

Chopped Sirloin covered in Brown Gravy and Sauteed Onions with Mashed Potatoes.

## **Stuffed Meatloaf 16**

Filled with Prosciutto, Smoked Mozzarella, Spinach. Topped with Roasted Tomato Glaze. Served with Mashed Potatoes

## **White Vegetable Lasagna 14**

Layers of Fresh Pasta with Roasted Seasonal Vegetables and Alfredo Sauce. Topped with Fresh Herbs and Mozzarella Cheese

## **Yankee Pot Roast 16**

Roasted Chunks of Beef slow-cooked with Potatoes, Carrots, Celery, and Onions.

All pricing is per person  
\$ indicates price increase